

## **Ik ben niet te stoppen**

Discription: 64 tellen contradance

Choreographed by: Daan Geelen dansstudio Stars & Stripes

Music : Ik ben niet te stoppen / Def Ryhmz

Dance: A, B, A, B, RESTART, B, B, A

### **Part A**

#### **Out, out, in, in, step behind out 2x, step in 2x,**

##### **grapevine touch 2x**

- 1 RF step forward out
- 2 LF step forward out
- 3 RF step back in
- 4 LF step back beside right
- 5 RF step behind out
- 6 LF step behind out
- 7 RF step forward in
- 8 LF step forward beside right

#### **chasse , coaster ¼ turn¼ ½ ,crosrock ,beside**

- 9 RF step to the right
- & LF step together
- 10 RF step to the right
- 11 LF step behind ,turn ¼ to the left
- & RF step together left
- 12 LF step forward
- 13 RF step ¼ to the left
- 14 LF step ½ to the left
- 15 RF rock forward
- & LF weight back
- 16 F step togetherLV

#### **½ shuffle back, coaster step 2x**

- 17 RF step back,while turning ½ to the left
- & LF step together right
- 18 RF step behind
- 19 LF step behind
- & RF step together
- 20 LF stepforward
- 21 RF step back,while turning ½ to the left
- & LF step together
- 22 RF step behind
- 23 LF step behind
- & RF step together
- 24 LF step forward

#### **skate step 2x , turn ¼ ,hold,clap , ¼ shuffle backward ,coaster step**

- 25 RF skate to the right
- 26 LF skate to the left
- 27 RF step ¼
- 28 LF step out and clap hands with the person facing you
- 29 RF step ¼ behind
- & LF together right
- 30 RF step behind
- 31 LF step behind
- & RF step together
- 32 LFstep forward

#### **1/8 slide 2x, chasse,crossrock ½**

- 33 RF a big step 1/8 forward
- 34 LF touch beside right
- 35 LF step a big step 1/8 forward
- 36 RF touch left
- 37 RF step to the right side
- & LF beside right
- 38 RF step the right
- 39 LF rock forward
- & RF weight back
- 40 LF turn ½ cross over right

**grapevine touch 2x**

- 41 RV step to the right side
- 42 LV cross behind right
- 43 RV step to the right side
- 44 LV touch beside right
- 45 LV step to the left side
- 46 RV cross behind right
- 47 LV step to the right side
- 48 RV touch beside left

**step,turn ½ 2x walk,walk, step, turn ½ 2x**

- 49 RF step forward
- 50 LF pivot ½ to left
- 51 RF step forward
- 52 LF pivot ½ to left
- 53 RF walk forward
- 54 LF walk forward
- 55 RF step forward
- 56 LF pivot ½

**walk, walk,step,turn ½ ,skate(4x)**

- 57 RF walk forward
- 58 LF walk forward
- 59 RF step forward
- 60 LF pivot ½ to left
- 61 RF skate
- 62 LF skate
- 63 RF skate
- 64 LF skate

**PART B**

the boys

- 1,2 RF step to right,LF touch beside
- 3,4 LF step to the left,right touch beside
- 5,6,7,8 repeat count 1-4
- the next 8 counts the boys turn on a funny way

the girls

- 1-8 swing you're hips on a funny way
- 8-16 the first 8 steps as written by the boyspart

RESTART:IN THE 3TH WALL AFTER COUNT 52 YOU WALK 4 TIMES IN PLACE  
AND START THE DANCE AGAIN!!!!!!!!!!!!!!!